



A Confident Caring Approach to Crisis

ANNUAL REPORT 2011

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ADMINISTRATIVE INFORMATION

2011/12 MEMBERS OF THE BOARD OF DIRECTORS

| | |
|------------------|----------------|
| D. Lubeck | President |
| C. Korpan | Vice-President |
| J. D. Fitzgerald | Treasurer |
| H. Romancewicz | Secretary |
| B. Walker | Director |
| S. Hagarty | Director |
| B. Ochsner | Director |
| H. Fletcher | Director |
| J. Hall | Director |

2011/12 PACE STAFF

Jacquie Aitken Kish
Executive Director
1987 - Present

Connie Miller
Therapist, Assistant
Director,
Genesis Program
Coordinator
1992 – Present

Ali Al-Asadi
Clinical Supervisor
1989 – Present

2011- 2012 VOLUNTEER INFORMATION

| <u>VOLUNTEER</u> | <u>PARTICIPANTS</u> | <u>HOURS</u> |
|------------------------------|---------------------|--------------|
| o Board Members | 9 | 163 |
| o Wilderness Adventure Rally | 16 | 128 |
| o CISM | 45 | 9245 |
| o Breakfast with the Boys | 5 | 15 |
| o Bingos | 80 | <u>400</u> |
| o Total | | 9951 |

PACE PRESIDENT'S REPORT 2011

As PACE finishes up 2011, I would like to reflect back on some of our accomplishments and highlights of the past year. Some of the highlights in no particular order were two new programs we started. One was the Caring Dad's program which I mentioned last year, but this year we officially started with our first group. We also started the monitored exchange program this year. Both programs are providing a needed service in our community that wasn't being met by anyone else. PACE has also been part of developing First Responders Workshops in Alberta. These workshops are a two day workshop titled, Responding to Sexual Abuse and Sexual Assault. We have also partnered with Child Youth and Family Services, the RCMP and RCMP Victims Services to open the Caribou Centre which is modeled after the Zebra Centre in Edmonton. This valuable resource will help children in our community with sensitivity and resources at a time when they need it the most. PACE has also expanded our services in the region by partnering up with High Prairie Victims Services to provide treatment to their community.

In 2012 PACE will continue to look for opportunities to provide care and help to our region and to make a positive difference in people's lives. We are still impacted by funding concerns and will continually work toward stable, core funding to enable us to continue to do the good work that we have been doing. Speaking of funding I would like to say Thank You to all our funders for taking sexual abuse seriously. Without the generosity of our funders we would not be able to continue our work and I feel our community would be a much poorer place for it. There is a list of funders in our report and I would encourage everyone to review the list and recognize these people and groups for their help.

Finally I would like to thank the staff for all your hard work and caring, the volunteers for giving of your precious time to help us be successful and anyone else who has had a positive impact on our organization. I am very proud of PACE and all of its people and am honored to have been able to serve as President over the last year. Again Thank You everyone and Great Work. Keep it up.

Again, Thank You

D. Lubeck

PACE EXECUTIVE DIRECTOR'S REPORT 2011

In 2011 while PACE was preparing for Accreditation I had the opportunity to review everything that our organization does and believes. During this review I was impressed with the reality that our work demonstrates our Mission, Vision, Belief and Aim statements.

Our Aim statement says "we strive to develop an organization with skills, knowledge and resources, in dealing with crisis, post traumatic stress, sexual abuse, child abuse, domestic violence and suicide. We also influence and educate communities to respond to victims with compassion and respect.

Our Organization's skills, knowledge and resources are demonstrated in:

- The professionalism and commitment of our staff, whom are exceptional individuals, working daily with hard issues responding to clients with respect and compassion.
- The strong thoughtful leadership of our Board of Director's, who ensure we have the resources and support we need to do our work
- The commitment of our volunteers, whether they are stepping up to work a Bingo, walk in our Adventure Rally or provide information after a community trauma.
- The community and region that steps forward to support our work, when funding, or advocacy is needed.

I feel so privileged to be a part of this incredible Organization. Our accomplishments in 2011 are numerous. The Caribou Child and Youth Centre was envisioned and established, Caring Dad's and Monitored Exchange Programs were funded and piloted, Victims Counseling Services were expanded to High Prairie, and our work continues.

2011 was, and continues to be a stressful year for our organization as we respond to community need and realize that need outstrips our resources. Our waiting lists are a strain on all staff. Seeing pain in our community and realizing we cannot step forward is hard, and we continue our work.

As you review our Program statistics for 2011 please acknowledge that everyone in our organization contributes to make a difference in our corner of the world.
Thank you for being remarkable individuals.

Program Statistics

COURT PREP

| | # OF CLIENTS | # OF HRS COURT PREP | # OF HRS COURT ACCOMP |
|-------------|---------------------|----------------------------|------------------------------|
| 2004 | 21 | 34 | 82 |
| 2005 | 41 | 62 | 92 |
| 2006 | 43 | 60 | 45 |
| 2007 | 33 | 60 | 73 |
| 2008 | 41 | 196 | 98 |
| 2009 | 50 | 587 | 208 |
| 2010 | 66 | 726 | 136 |
| 2011 | 99 | 885 | 72 |
| | | | |

CRITICAL INCIDENT RESPONSE TEAM

| | # of Responses | # of Participants |
|-------------|-----------------------|--------------------------|
| 2002 | 56 | 703 |
| 2003 | (*7) 29 | (*241) 321 |
| 2004 | (*8) 11 | (*78) 82 |
| 2005 | (*10) 16 | (*35) 86 |
| 2006 | 23 | 353 |
| 2007 | 16 | 162 |
| 2008 | 26 | 173 |
| 2009 | 27 | 150 |
| 2010 | 4 | 24 |
| 2011 | 14 | 652 |

(*#) indicates the # of responses with Pace Personal

WOMEN'S SUPPORT GROUP

| 2007 | 2008 | 2009 | 2010 | 2011 |
|--|--|--|---|---|
| Facilitators: Marlene Connie Cindy | Facilitators: Connie Cindy Jacquie Marlene Teryl | Facilitators: Kalua Shirley Jacquie Connie Lisa | Facilitators: Kalua Shirley Marlene Joanne | Facilitators: Shirley Marlene Connie Janet Adele |
| Group Participants: 27 | Group Participants: 27 | Group Participants: 15 | Group Participants: 27 | Group Participants: 48 |
| Groups Facilitated: 41 | Groups Facilitated: 44 | Groups Facilitated: 44 | Groups Facilitated: 43 | Groups Facilitated: 49 |
| Average Participation: 4.4 Members Range 0 - 9 | Average Participation: 3.45 Members Range 0 - 7 | Average Participants: 1.3 members Range 0 - 6 | Average Participants: 1 member Range 0 - 4 | Average Participants: 5.33 member Range 0 - 12 |
| Topics: Self Esteem Grief & Loss Depression Relationships Parenting Boundaries Control & Responsibility Domestic Violence Sexual Abuse | Topics: Self Esteem Parenting Battering Relationships Boundaries Mental Health Issues Anxiety /Depression Change Anger Management | Topics: Self Esteem Parenting Loss Battering Relationships Anxiety/Depression | Topics: Self Esteem Goal Setting Parenting Relationships Depression | Topics: Abusive Relationships Parenting Stress Coping Skills Anxiety Forgiveness Self Care Boundaries Emotions Anger Identity Gratitude Belief Systems Changing Thoughts Hope Grief & Loss Self-Esteem Values |

GENESIS PROGRAM STATISTICS

INDIVIDUAL STATISTICS:

| | 2008 Partici- pants | 2008 # of Sessions | 2009 Partici- pants | 2009 # of Sessions | 2010 Partici- pants | 2010 # of Sessions | 2011 Partici- pants | 2011 # of Sessions |
|---|---------------------------|--------------------------|---------------------------|--------------------------|---------------------------|--------------------------|---------------------------|--------------------------|
| Female Survivors of Sexual Abuse | 130 | 1437 | 167 | 2123 | 170 | 2591 | 176 | 2285 |
| Male Survivors of Sexual Abuse | 22 | | 23 | | 23 | | 27 | |
| Spouse/ Family Member of Survivor | 0 | | 9 | | 27 | | 22 | |
| Crisis Interven- tions | 27 | 37 | 30 | 45 | 32 | 32 | 166 | 166 |
| TOTAL | 179 | 1474 | 229 | 2168 | 252 | 2623 | 391 | 2451 |

EMPOWERMENT GROUP – GRANDE PRAIRIE

March 21 – July 25/2011

SELF ESTEEM GROUP – PEACE RIVER

Oct 19, 2010 – April 26, 2011
9 Female Participants

Nov 29, 2011 – May 8, 2012
5 Female Participants

INTAKE GROUPS

| | GROUPS | PARTICIPANTS |
|-------------|---------------|---------------------|
| 2004 | 3 | 11 |
| 2005 | 5 | 25 |
| 2006 | 3 | 9 |
| 2007 | 4 | 16 |
| 2008 | 1 | 6 |
| 2009 | 1 | 2 |
| 2010 | 1 | 3 |
| 2011 | 0 | 0 |

AADAC INFORMATION GROUPS

| | GROUPS | PARTICIPANTS |
|-------------|---------------|-------------------------|
| 2004 | 15 | 60 |
| 2005 | 12 | 35 |
| 2006 | 17 | 68 |
| 2007 | 15 | 17 male 37 female 54 |
| 2008 | 10 | 32 male 21 female 53 |
| 2009 | 10 | 22 male 29 female 51 |
| 2010 | 13 | 12 male 24 female 36 |
| 2011 | 9 | 12 male 14 female 26 |

CHILD ABUSE TREATMENT PROGRAM STATISTICS

| | 2008 Male | 2008 Female | 2009 Male | 2009 Female | 2010 Male | 2010 Female | 2011 Male | 2011 Female |
|--|--------------|----------------|--------------|----------------|--------------|----------------|--------------|----------------|
| Intra-Familial Sexual | | | | | | | | |
| Child & Adolescent Victims | 1 | 17 | 2 | 23 | 4 | 25 | 5 | 22 |
| Non-Offending Parents 2i | 1 | 8 | 13 | 15 | 0 | 18 | 1 | 8 |
| Adult Sex Offender 3i | 0 | 0 | 1 | 0 | 2 | 0 | 0 | 0 |
| Child and Adolescent Sex Offender 4i | 8 | 1 | 3 | 1 | 4 | 1 | 3 | 1 |
| Non-Abused Siblings 5i | 0 | 4 | 1 | 5 | 0 | 5 | 0 | 1 |
| Parents of Child & Adol. Offenders 6i | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| Relative of an Abused Victim | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| Foster Parent of a Victim 8i | 0 | 2 | 0 | 4 | 0 | 4 | 0 | 4 |
| Sub Total | 10 | 32 | 21 | 48 | 10 | 54 | 9 | 37 |
| Extra-Familial Sexual | | | | | | | | |
| Child & Adolescent Victims 1x | 2 | 7 | 2 | 9 | 3 | 10 | 2 | 12 |
| Non-Offending Parents 2x | 0 | 7 | 0 | 6 | 1 | 9 | 1 | 6 |
| Adult Sex Offender 3x | 2 | 0 | 3 | 0 | 1 | 0 | 0 | 0 |
| Child and Adolescent Sex Offender 4x | 0 | 0 | 1 | 0 | 3 | 1 | 3 | 1 |
| Non-Abused Siblings 5x | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 0 |
| Parents of Child & Adolescent Offend | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Relative of an Abused Victim | 0 | 0 | 1 | 1 | 2 | 2 | 1 | 2 |
| Foster Parent of a Victim 8x | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Sub Total | 5 | 15 | 7 | 16 | 11 | 22 | 8 | 21 |
| Physical Abuse | | | | | | | | |
| Victims of Physical Abuse 1p | 7 | 2 | 5 | 5 | 4 | 6 | 5 | 9 |
| Parents of Victims of Physical Abuse 2 | 0 | 5 | 0 | 4 | 0 | 6 | 0 | 3 |
| Offenders of Physical Abuse 3p | 0 | 2 | 0 | 3 | 1 | 0 | 1 | 2 |
| Child & Adolescent Physical Offender | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| Non-Abused Siblings 5p | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3 |
| Foster Parent of a Victim 8p | 0 | 2 | 1 | 1 | 1 | 10 | 2 | 10 |
| Sub Total | 7 | 11 | 6 | 13 | 6 | 22 | 9 | 27 |
| Other | | | | | | | | |
| Children demonstrating symptoms of victimization with no sexual disclosure | 0 | 2 | 1 | 1 | 2 | 3 | 1 | 3 |
| Those not fitting above criteria 11 (Family violence) | 18 | 49 | 24 | 47 | 29 | 24 | 28 | 29 |
| Sub Total | 18 | 51 | 25 | 48 | 31 | 27 | 29 | 32 |
| Total | 40 | 109 | 59 | 125 | 58 | 125 | 55 | 117 |
| Young Offender Center | | | | | | | | |
| | 42 | 11 | 28 | 9 | 0 | 0 | 0 | 0 |
| Total | 82 | 120 | 87 | 134 | 58 | 125 | 55 | 117 |

Public Education Program Statistics: Jan.01/2011 – Dec. 31 2011

School Presentations

| <i>Title</i> | <i>Children</i> | <i>Adults</i> | <i>Presentations</i> |
|---------------------------------|-----------------|---------------|----------------------|
| "Who Do You Tell?"™ K-6 | 2001 | 102 | 92 |
| "WDYT?"™ Staff Information | 0 | 89 | 6 |
| "WDYT?"™ Parent Information | 0 | 46 | 4 |
| Sexual Assault & How To Respond | 0 | 19 | 2 |
| Sexual Violence (Gr. 10/11/12) | 204 | 11 | 10 |
| 2011 | TOTALS | 2205 | 267 |
| 2010 | TOTALS | 3203 | 420 |
| 2009 | TOTALS | 3289 | 469 |
| 2008 | TOTALS | 1200 | 44 |

Community Presentations

| <i>Title</i> | <i>Participants</i> | <i>Presentations</i> |
|--------------------------|---------------------|----------------------|
| PACE Programs & Services | | |
| 2011 | 215 | 7 |
| TOTALS | | |
| 2010 | 144 | 7 |
| TOTALS | | |
| 2009 | 148 | 9 |
| TOTALS | | |
| 2008 | 239 | 13 |
| TOTALS | | |

Community Training

| <i>Title</i> | <i>Participants</i> | <i>Sessions</i> | <i>Instruction Hours</i> |
|--------------------------------|---------------------|-----------------|--------------------------|
| Professional Boundaries | 10 | 1 | 4 |
| ASIST (Suicide Prevention) | 33 | 3 | 36 |
| Assisting Tune Up | 15 | 1 | 4 |
| Children and Trauma | 17 | 2 | 6 |
| Children who Witness Fam. Viol | 17 | 2 | 6 |
| Family Viol/Offender Issues | 30 | 2 | 12 |
| Crisis Interv./Comm. Skills | 52 | 4 | 36 |
| Cross Cultural Awareness | 27 | 2 | 12 |
| Eating Disorders | 19 | 2 | 12 |
| Grief and Loss | 19 | 2 | 6 |
| Mental Health First Aid | 27 | 2 | 24 |
| Sexual Assault/Sexual Abuse | 25 | 2 | 12 |
| 2011 | 291 | 25 | 170 |
| TOTALS | | | |
| 2010 | 816 | 56 | 369 HRS |
| TOTALS | | | |
| 2009 | 791 | 53 | 478.5 HRS |
| TOTALS | | | |
| 2008 | 880 | 75 | 624 HRS |
| TOTALS | | | |

FAMILY SUPPORT PROGRAM STATISTICS

INHOME FAMILY SUPPORT

| | 2002 | 2003* | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 |
|----------------------|-------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| I | | | | | | | | | | |
| # of Children | 122 | 92 | 99 | 86 | 46 | 31 | 40 | 48 | 61 | 59 |

| | | | | | | | | | | |
|---------------------|----|----|----|----|----|----|----|----|----|----|
| # of Parents | 81 | 65 | 70 | 64 | 37 | 31 | 36 | 38 | 45 | 50 |
|---------------------|----|----|----|----|----|----|----|----|----|----|

| | | | | | | | | | | |
|----------------------|----|----|----|----|----|----|----|----|----|----|
| # of Families | 53 | 42 | 46 | 42 | 26 | 21 | 19 | 25 | 28 | 31 |
|----------------------|----|----|----|----|----|----|----|----|----|----|

YOUTH WORK

| | 2002 | 2003* | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 |
|----------------------|-------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| # of Children | 49 | 58 | 87 | 45 | 50 | 27 | 51 | 28 | 19 | 13 |
| # of Parents | | 38 | 44 | 13 | 37 | 17 | 43 | 16 | 6 | 5 |
| # of Families | 23 | 41 | 60 | 36 | 29 | 25 | 19 | 25 | 18 | 15 |

SUPERVISED VISITS

| | 2002 | 2003* | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 |
|----------------------|-------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| # of Children | 62 | 122 | 107 | 112 | 75 | 63 | 81 | 62 | 80 | 101 |
| # of Parents | 44 | 86 | 82 | 100 | 62 | 61 | 142 | 63 | 67 | 80 |
| # of Families | 33 | 55 | 59 | 59 | 42 | 38 | 48 | 40 | 43 | 56 |

DROP INS

| | 2002 | 2003* | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 |
|----------------------|-------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| # of Children | 12 | 26 | 17 | 37 | 36 | 25 | 19 | 11 | 6 | 8 |
| # of Parents | 7 | 14 | 10 | 35 | 25 | 18 | 18 | 9 | 4 | 7 |
| # of Families | 8 | 11 | 8 | 21 | 13 | 11 | 12 | 7 | 2 | 3 |

Cumulative Statistics

2011

| | 2002 | 2003* | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 |
|-----------------------|------|-------|------|------|------|------|------|------|------|------|
| # of Children | 240 | 246 | 247 | 224 | 162 | 118 | 170 | 125 | 110 | 154 |
| # of Parents | 151 | 190 | 161 | 166 | 135 | 107 | 216 | 105 | 93 | 129 |
| # of Families | 129 | 123 | 142 | 121 | 95 | 79 | 71 | 80 | 59 | 83 |
| # of Individ's Served | 391 | 436 | 408 | 390 | 297 | 225 | 386 | 230 | 203 | 283 |

DRIVER/ESCORT PROGRAM

Drivers: Connie , Grant &, Judy

| YEAR | # OF DRIVES |
|------|-------------|
| 1999 | 830 |
| 2000 | 1,074 |
| 2001 | 915 |
| 2002 | 1855 |
| 2003 | 1804 * |
| 2004 | 1616 |
| 2005 | 2187 |
| 2006 | 1554 |
| 2007 | 1526 |
| 2008 | 1515 |
| 2009 | 1240 |
| 2010 | 1814 |
| 2011 | 2320 |

Communities Served:

| | | |
|---------------------------|----------------------|---------------|
| Crooked Creek | Morgan's Mountain | Clairmont |
| David Thompson Bible Camp | Valleyview | Sturgeon Lake |
| Dimsdale | Peavine | |
| Elmsworth | High Prairie | Grimshaw |
| Fairview | Peroria | Kinuso |
| Fort Vermillion | Rycroft | Beaverlodge |
| Goodfare | Wembley | Grovedale |
| Grande Prairie | Sexsmith | Peace River |
| Horse Lake | Rocky Mountain House | Ridgevalley |
| Hythe | Grande Cache | Teepee Creek |
| Lacrete | Sunset House | Edmonton |
| Slave Lake | Dunvegan Prov. Park | Spirit River |

SAFE VISITATION PROGRAM
January 1, 2011 to December 31, 2011

The Safe Visitation Program had another busy year. In 2011 we had 64 families use the program; we had 32 custodial parents and 32 visiting parents, and 48 children.

We had scheduled 433 visits from January 2011 to December 2011; of those 433 visits we had 117 cancellations. These cancellations were mostly due to conflicting work schedules of the visiting parent. Several of the parents work out of town and are on rotating shifts. Where we had schedules 4 visits a month, they were only available for perhaps two of those visits.

In total this year we provided 318 visits between the parent and the child(ren).

Our records show that we had a total of 10 families carry over from 2010, and we had 22 new families sign into the program. Our records indicate that the majority of referrals are coming from the court services. This year we had 19 families referred from the courts and 6 families referred from CFSA.

We are looking forward to another successful year in 2012.

Regards,
 Marlene
 Safe Visitation Coordinator

PEACE COUNTRY WILDERNESS THERAPY PROGRAM

| 2011 | LOCATION | 12 | 13 | 14 | 15 | 16 | 17 | 18+ |
|------|-------------------------------|----|----------|----------|----------|-----------|----------|----------|
| | Jasper Ski/Snowboard | | | | 2 | 2 | 3 | 1 |
| | CAUSE | | | | | | | 7 |
| | Willmore Wilderness Park | | 1 | 1 | 1 | 1 | 2 | |
| | North Saskatchewan River | | | | | 6 | | |
| | Aboriginal Adventure Tour | | | 1 | 1 | 2 | 2 | |
| | Wilderness First Aid Training | | | | | 1 | | 1 |
| | TOTALS | | 1 | 2 | 4 | 12 | 7 | 9 |

TOTAL PARTICIPANTS = 35